

NUTRITION OF



308 Lasani Town, Sargodha Road, Faisalabad - Pakistan Mob: +92 300 3008585, Fax: +92 41 8815544 E-mail: editorpjn@gmail.com

Effect of Different Additives from Local Source on the Quality of Yoghurt

Syed Tariq Mehmood¹, Tariq Masud¹, Talat Mahmood¹ and S. Maqsud²

¹Department of Food Technology, PMAS - Arid Agriculture University, Rawalpindi, Pakistan

²Department of Microbiology, Quaid-I-Azam University, Islamabad, Pakistan

Abstract: Yoghurt is the most popular fermented milk product in the most parts of world. It involves use of specific symbiotic culture of *L. bulgaricus* and *S. thermophilus*. Yoghurt consists of valuable nutrients as in milk but it seems to have more than milk. In the present study different food additives from local source are used as additives and the effect is estimated for possible influence on the quality of yoghurt. Yoghurt was prepared by using different stabilizers like carboxymethyl-cellulose (CMC), guar gum, gelatin, cornstarch and their combinations like CMC-gelatin, gelatin-cornstarch and CMC-cornstarch at different levels i.e. 0.1, 0.2, 0.3, 0.4 and 0.5% at 0, 7, 14 and 21 day of storage interval. Guar gum at 0.1% gives best result for low acidity and low pH where as total solid free fatty acid, acetaldehyde contents comes best with the cornstarch. Food additives have influence on pH, acidity, total solid and acetaldehyde contents. During the storage of 21 days with increasing amounts of food additives, there was an increase in acidity, free fatty acids, total solid and acetaldehyde contents but decrease in pH.

Key words: Yoghurt quality, stabilizers, thickeners, CMC, Gelatin

Introduction

Yogurt is fermented and coagulated milk product with a smooth texture having mildly sour taste and pleasant flavor. It is obtained from pasteurized or boiled milk by souring natural or other wise using lactic acid fermented bacteria. (Soomro *et al.*, 2003). It is one of the oldest popular foods of the world because of its nutritional and therapeutic value in the human diet. (Zahoor *et al.*, 2002). Typical plain yoghurt contained 3.5% fat 12.06% total solids, 3.60% protein 18.94% moisture, 0.76% ash and 4.2% lactose (Ather, 1986).

Yoghurt is characterized as a smooth, viscous, gel with specific taste of sharp acid and green apple flavor (Bodyfelt *et al.*, 1988). Some yoghurts exhibit a heavy consistency that closely resemble custard of milk pudding. In contrast, others are purposely soft boiled and are essentially drinkable (Connolly *et al.*, 1984). The moist important textural characteristics of yoghurt are firmness and other ability to retains water. The type of culture is an important factor affecting microstructure and the textural properties of yoghurt (Hussan *et al.*, 1999).

Stabilizers and thickeners are important in several manufactured products such as chocolate, dressing milk drinks, ice cream and yoghurt. These substances prevent separation of various ingredients, increase the viscosity and inhibit the formation of large crystals. Substances used as stabilizers and thinkers include vegetable gums such as gum tragacanth and gum Arabic agar and pectin. Cellulose compound like methyl cellulose and CMC are also used (Awan, 1995).

Keeping in view the importance of the subject this study is designed to check the effect of different stabilizers on

the yoghurt quality different concentration with combination also used to analyze their effects. Mains objectives are, to compare the effect of stabilizers on yogurt quality and to assess the yogurt chemically.

Materials and Methods

Preliminary preparation: Standardized milk and stabilizers (carboxymethyl-cellulose (CMC), guar gum, gelatin and cornstarch) were collected from local market. These stabilizers were used in concentration of 0.1, 0.2, 0.3, 0.4 and 0.5% either individually or in combinations. Additions of stabilizers were made in each sample of milk at room temperature and were blended.

Preparation and storage of yoghurt: After addition of stabilizers milk were pasteurized at73°C for 15 min. milk was cooled at 42°C till and starter culture was added at the rate of 2% and transferred to polytheyne cups. The culture milk was incubated at 42°C till the desired body texture with 0.8%v acidity and pH 4.25 was obtained. The yoghurt was cooled downed to 6°C.

Product analysis: Acidity, PH, total solid, free fatty acids and acetaldehyde contents was measured by methods as described in No. 967.16, 981.12, 941.08, 940.28 and 906.02 respectively of AOAC (1990).

Statistical analysis: The data obtained was analyzed by tow factor factorial design according to Steel and Torrie (1980).

Results and Discussion

Yoghurt samples of different stabilizer concentrations were chemically analyzed for acidity, pH, total solids free

Table 1: Effect of different additives during storage periods (6°C) on acidity of youthurt

acio	dity of yoghurl				
Stabilizers	Treatments	0 days	7 days	14 days	21 days
CMC	T1 (0.1)	0.86t-x*	0.92q-u	1.14i-n	1.42bc
	T2 (0.2)	0.86t-x	0.92q-u	1.15i-n	1.45ab
	T3 (0.3)	0.87s-x	0.93q-u	1.14i-n	1.4bcd
	T4 (0.4)	0.84 t-y	0.90q-u	1.16h-m	1.41bc
	T5 (0.5)	0.86t-x	0.91q-u	1.13i-n	1.37b-g
Guar Gum	T6 (0.1)	0.69z	0.89r-v	1.02m-r	1.24f-k
	T7 (0.2)	0.79u-z	0.91q-u	1.04m-r	1.32b-g
	T8 (0.3)	0.74w-z	0.93q-u	1.08m-p	1.33b-g
	T9 (0.4)	0.74w-z	0.90q-u	1.09i-o	1.25e-j
	T10 (0.5)	0.72xyz	0.93q-u	1.07m-p	1.31b-g
Gelatin	T11 (0.1)	0.82t-z	0.91q-u	1.10k-n	1.31b-g
	T12(0.2)	0.83t-y	0.93q-u	1.11j-n	1.34b-g
	T13 (0.3)	0.83t-y	0.93q-u	1.15i-n	1.38b-f
	T14 (0.4)	0.83t-y	0.92q-u	1.13i-n	1.32b-g
	T15 (0.5)	0.86t-x	0.95p-t	1.15i-n	1.4bcd
Cornstarch	T16 (0.1)	0.83t-y	0.90q-u	1.07m-p	1.23g-l
	T17 (0.2)	0.83t-y	0.92q-u	1.08m-p	1.29c-h
	T18 (0.3)	0.84t-y	0.90q-u	1.08m-p	1.3c-g
	T19 (0.4)	0.83t-y	0.92q-u	1.08m-p	1.29c-h
	T20 (0.5)	0.89r-v	0.95q-u	1.01n-s	1.29c-h
Gelatin/	T21 (0.1)	0.89 r-v	0.94q-t	1.12j-n	1.32b-g
Corn starch	T22 (0.2)	0.83t-y	0.90q-u	1.08m-p	1.25e-j
	T23 (0.3)	0.89r-v	0.96o-t	1.14i-n	1.29ch
	T24 (0.4)	0.89r-v	0.95p-t	1.13i-n	1.27d-l
	T25 (0.5)	0.86t-x	0.96o-t	1.12j-n	1.27d-l
Gelatin/CMC	T27 (0.1)	0.79u-z	0.90q-u	1.15i-n	1.3c-g
	T28 (0.2)	0.75v-z	0.91q-u	1.15i-n	1.32b-g
	T29 (0.3)	0.71yz	0.93q-u	1.13i-n	1.24f-k
	T30 (0.4)	0.69z	0.93q-u	1.15i-n	1.30c-g
	T31 (0.5)	0.77xyz	0.95p-t	1.14i-n	1.33b-g
CMC/	T31 (0.1)	0.86t-x	0.90q-u	1.11j-n	1.37b-g
Corn starch	T32 (0.2)	0.86t-x	0.912q-u	1.14i-n	1.42bc
	T33 (0.3)	0.86t-x	0.92q-u	1.15i-n	1.45ab
	T34 (0.4)	0.84t-y	0.90q-u	1.14i-n	1.39b-d
	T35 (0.5)	0.86t-x	0.93q-u	1.14i-n	1.4bed
Control	T36	0.90q-u	1.02m-r	1.23g-l	1.56a

*All values are results of three replication. *Mean sharing the same letter do not differ significantly. *LSD at 0.05 Alpha for treatment, interval and interaction is 0.5682, 0.01894 and 0.1136 respectively.

fatty acids and acetaldehyde content. The data obtained was subjected to statically analysis. The results obtained for each determination are described individually as under.

Total titratable acidity: The data on the effect of different doses of CMC, guar gum, gelatin, corn starch and their combinations like corn starch/gelatin, gelatin/CMC and CMC/ cornstarch at level (T1 to T36) of 0.1, 0.2, 0.3, 0.4 and 0.5% on the acidity of yoghurt during storage period are presented in Table 1. The results show that maximum acidity (1.56) was obtained from the yoghurt with at control (T36) after 21 days of storage followed by CMC (1.45) at 0.2% (T2) after 21 days of storage and CMC/gelatin at 0.3% (T33) after 21 days of storage respectively. The lowest values for acidity was found in all treatment on 0 days that increase from incubation period till end of storage, so maximum acidity was found during 21 days storage interval. The statistical analysis showed that effect of different amount of food additives and effect of storage period was highly significantly differ

Table 2: Effect of different additives during storage periods (6°C) on pH of vogburt

	or yognurt				
Stabilizers	Treatments	0 days	7 days	14 days	21 days
CMC	T1 (0.1)	4.15a-h	4.09d-l	3.87l-r	3.65wxy
	T2 (0.2)	4.16a-g	4.11c-l	3.85I-s	3.62xy
	T3 (0.3)	4.13b-I	404hij	3.88I-r	3.68u-y
	T4 (0.4)	4.14a-h	4.1c-l	3.85l-s	3.8o-t
	T5 (0.5)	4.2abcd	4.1c-l	3.9l-p	3.83m-s
Guar Gum	T6 (0.1)	4.25a	4.1c-I	3.95jkl	3.8o-t
	T7 (0.2)	4.25ab	4.09d-l	3.91imno	3.8o-t
	T8 (0.3)	4.19a-e	4.06fgh	3.89l-q	3.78q-u
	T9 (0.4)	4.19a-e	4.06fghi	3.9l-p	3.8o-t
	T10 (0.5)	4.12abc	4.07ghi	3.91lmno	3.82n-s
Gelatin	T11 (0.1)	4.14a-h	4.09 d-l	3.94klm	3.62xy
	T12 (0.2)	4.13b-l	4.08e-l	3.92klmn	3.86i-s
	T13 (0.3)	4.15b-I	4.1c-I	3.89l-q	3.75s-w
	T14 (0.4)	4.13b-l	4.07fghi	3.91I-q	3.68u-y
	T15 (0.5)	4.12b-l	4.06fghi	3.92l-q	3.62o-t
Cornstarch	T16 (0.1)	4.16a-g	4.1c-I	3.92l-p	3.82n-s
	T17 (0.2)	4.15a-h	4.07fghi	3.89l-p	3.79p-t
	T18 (0.3)	4.11a-g	4.07fghi	3.89l-q	3.87I-r
	T 19 (0.4)	4.16a-g	4.06fghi	3.90l-p	3.87I-r
	T20 (0.5)	4.17a-f	4.1c-I	3.90l-p	3.83o-t
Gelatin/	T21 (0.1)	4.11c-l	4.07fgh	3.89l-q	3.71t-x
Corn starch	T22 (0.2)	4.16a-g	4.1c-I	3.86klmn	3.7t-y
	T23 (0.3)	4.14a-h	4.08e-I	3.89klmn	3.6y
	T24 (0.4)	4.16a-h	4.08e-I	3.93klmn	3.68u-y
	T25 (0.5)	4.16a-g	4.06fhgi	3.92l-q	3.68u-y
Gelatin/CMC	T27 (0.1)	4.12b-h	4.09dd-I	3.89l-q	3.65wxy
	T28 (0.2)	4.15a-h	4.05ghi	3.93klim	3.75s-w
	T29 (0.3)	4.12b-I	4.06fghi	3.92klmn	3.77r-v
	T30 (0.4)	4.13b-I	4.07fghi	3.93klmn	3.75s-w
	T31 (0.5)	4.13b-I	4.07d-i	3.89l-q	3.62xy
CMC/	T31 (0.1)	4.15a-h	4.08e-I	3.89l-q	3.66wxy
Corn starch	T32 (0.2)	4.17a-f	4.09d-i	3.86l-s	3.63xy
	T33 (0.3)	4.14a-h	4.02ijk	3.89I-s	3.67wxy
	T34 (0.4)	4.21 abc	4.06fghi	3.89I-q	3.75s-w
	T35 (0.5)	4.20abcd	4.06fghi	3.87I-r	3.84I-s
Control	T36	4.14a-h	3.95jki	3.83m-s	3.8o-t

*All values are results of three replication. *Mean sharing the same letter do not differ significantly. *LSD at 0.05 Alpha for treatment, interval and interaction is 0.04401, 0.01467 and 0.08802, respectively45.

for acidity of yoghurt while interaction is non significant. Results obtained confirmed the finding of Georgala *et al.* (1995) who observed similar changes in the acidity of yoghurt during storage.

PH: The data for the effect of storage on pH under different stabilizer treatments are presented in the Table 3. The results showed that pH decreased throughout the storage interval. The maximum pH value was found with T6 followed by T7 and T5. The lowest value for pH was found with T23. The pH at 0 day interval was the highest in all treatment and it gradually decreased throughout the storage interval. The statistical analysis showed that effect of different amount of food additives and effect of storage period was highly significantly differ for acidity of yoghurt while interaction is non significant. The comparison of four stabilizers and their combination showed that the final of yoghurt manufactured with guar gum stabilizers was higher than the others which was related to better quality yoghurt. It is evident from the results that the pH decreased throughout the storage

Table 3: Effect of different additives during storage periods (6°C) on Total solid of vogburt

Stabilizers Treatments 0 days 7 days 14 days 21 days CMC T1 (0.1) 13.12kl 13.14jkl 13.25hij 13.3g T2 (0.2) 13.3ghi 13.32gh 13.34gh 13.5f T3 (0.3) 13.52f 13.54f 13.56f 13.7d T4 (0.4) 13.72de 13.74de 13.76d 13.9c T5 (0.5) 14.9a 14.92a 14.94a 14.92 Guar Gum T6 (0.1) 13.11kl 13.12ki 13.13jkl 13.14 T7 (0.2) 13.3ghi 13.32gh 13.33gh 13.35f 13.51f 13.52f 13.54f T9 (0.4) 13.7de 13.71de 13.73d 13.74 13.74 13.73d 13.74 Gelatin T11 (0.1) 13.1kl 13.12ki 13.13jkl 13.15 13.51f 13.51f 13.51f 13.52f 13.54 13.74 13.73d 13.75 13.51f 13.52f 13.54 13.75 13.51f 13.52f 13.52f 13.54
T2 (0.2) 13.3ghi 13.32gh 13.34gh 13.5f T3 (0.3) 13.52f 13.54f 13.56f 13.7d T4 (0.4) 13.72de 13.74de 13.76d 13.9c T5 (0.5) 14.9a 14.92a 14.94a 14.95 Guar Gum T6 (0.1) 13.11kl 13.12ki 13.13jkl 13.14, T7 (0.2) 13.3ghi 13.32gh 13.33gh 13.35, T8 (0.3) 13.5f 13.51 f 13.52f 13.54f T9 (0.4) 13.7de 13.71de 13.73d 13.74 T10 (0.5) 14.9a 14.92a 14.95a 14.95a Gelatin T11 (0.1) 13.1kl 13.12ki 13.13jkl 13.15, T12 (0.2) 13.3ghi 13.32gh 13.33gh 13.35, T13 (0.3) 13.5f 13.51f 13.51f 13.52f T14 (0.4) 13.7de 13.71de 13.73d 13.77 T15 (0.5) 14.9a 14.92a 14.92a 14.92a Cornstarch T16 (0.1) 13.1kl 13.14jkl 13.14jkl 13.16, T17 (0.2) 13.3ghi 13.34gh 13.34gh 13.38gh T18 (0.3) 13.5f 13.56f 13.56f 13.52f 13.6e T19 (0.4) 13.7de 13.74de 13.73d 13.77 T10 (0.5) 14.9a 14.72ba 14.93a 14.96 Gelatin/ T2 (0.1) 13.12kl 13.12ki 13.15jkl 13.16, T20 (0.5) 14.9a 14.72ba 14.93a 14.96 Gelatin/ T21 (0.1) 13.12kl 13.12ki 13.15jkl 13.18, T23 (0.3) 13.52f 13.51f 13.58f 13.58f 13.58f 124 (0.4) 13.7de 13.71de 13.76d 13.76d 13.77 T23 (0.3) 13.52f 13.51f 13.58f 13.58f 13.56f 124 (0.4) 13.7de 13.71de 13.76d 13.76
T3 (0.3) 13.52f 13.54f 13.56f 13.7d T4 (0.4) 13.72de 13.74de 13.76d 13.9c T5 (0.5) 14.9a 14.92a 14.94a 14.95 Guar Gum T6 (0.1) 13.11kl 13.12ki 13.13jkl 13.14, T7 (0.2) 13.3ghi 13.32gh 13.33gh 13.35, T8 (0.3) 13.5f 13.51 f 13.52f 13.54f T9 (0.4) 13.7de 13.71de 13.73d 13.74 T10 (0.5) 14.9a 14.92a 14.95a 14.95a Gelatin T11 (0.1) 13.1kl 13.12ki 13.13jkl 13.15, T12 (0.2) 13.3ghi 13.32gh 13.33gh 13.35, T13 (0.3) 13.5f 13.51f 13.51f 13.52 f 13.54f T14 (0.4) 13.7de 13.71de 13.73d 13.77 T15 (0.5) 14.9a 14.92a 14.92a 14.96 Cornstarch T16 (0.1) 13.1kl 13.14jkl 13.14jkl 13.16, T17 (0.2) 13.3ghi 13.34gh 13.34gh 13.38gh T18 (0.3) 13.5f 13.56f 13.56f 13.52f 13.6e T19 (0.4) 13.7de 13.74de 13.73d 13.77 T10 (0.5) 14.9a 14.72ba 14.93a 14.96 Gelatin/ T20 (0.5) 14.9a 14.72ba 14.93a 14.96 Gelatin/ T21 (0.1) 13.12kl 13.12ki 13.15jkl 13.16, T23 (0.3) 13.52f 13.51f 13.58f 13.58f 13.58f T24 (0.4) 13.7de 13.71de 13.76d 13.76d 13.76 T24 (0.4) 13.7de 13.71de 13.76d 13.76d 13.76 T24 (0.4) 13.7de 13.71de 13.76d 13.76d 13.76d 13.77
Guar Gum T4 (0.4) 13.72de 13.74de 13.76d 13.9c Guar Gum T6 (0.1) 13.11kl 13.12ki 13.13jkl 13.14 T7 (0.2) 13.3ghi 13.32gh 13.33gh 13.35f T8 (0.3) 13.5f 13.51 f 13.52f 13.54f T9 (0.4) 13.7de 13.71de 13.73d 13.74 T10 (0.5) 14.9.a 14.92a 14.95a 14.98 Gelatin T11 (0.1) 13.1kl 13.12ki 13.13jkl 13.15 T12 (0.2) 13.3ghi 13.32gh 13.33gh 13.35 T13 (0.3) 13.5f 13.51f 13.51f 13.52 T14 (0.4) 13.7de 13.71de 13.73d 13.77 T15 (0.5) 14.9a 14.92a 14.92a 14.96 Cornstarch T16 (0.1) 13.1kl 13.14jkl 13.14jkl 13.14jkl 13.16jkl 13.56 T17 (0.2) 13.3ghi 13.34gh 13.34gh 13.34gh 13.36gh 13.6e<
Guar Gum T5 (0.5) 14.9a 14.92a 14.94a 14.95 Guar Gum T6 (0.1) 13.11kl 13.12ki 13.13jkl 13.14 T7 (0.2) 13.3ghi 13.32gh 13.33gh 13.35 T8 (0.3) 13.5f 13.51 f 13.52f 13.54f T9 (0.4) 13.7de 13.71de 13.73d 13.74 T10 (0.5) 14.9a 14.92a 14.95a 14.98 Gelatin T11 (0.1) 13.1kl 13.12ki 13.13jkl 13.15 T12 (0.2) 13.3ghi 13.32gh 13.33gh 13.35 T13 (0.3) 13.5f 13.51f 13.51f 13.51f 13.51 f 13.52 T14 (0.4) 13.7de 13.71de 13.73d 13.77 T15 (0.5) 14.9a 14.92a 14.92a 14.96 Cornstarch T16 (0.1) 13.1kl 13.14jkl 13.14jkl 13.16 T17 (0.2) 13.3ghi 13.34gh 13.34gh 13.39 T18 (0.3) 13.5f 13.56f 13.52f 13.52f 13.6e T19 (0.4) 13.7de 13.74de 13.73d 13.77 T10 (0.5) 14.9a 14.72ba 14.93a 14.96 Gelatin/ T20 (0.5) 14.9a 14.72ba 14.93a 14.96 Gelatin/ T21 (0.1) 13.12kl 13.12ki 13.15jkl 13.15 Corn starch T22 (0.2) 13.3ghi 13.32gh 13.36gh 13.35 T23 (0.3) 13.52f 13.51f 13.58f 13.58f 13.56f T24 (0.4) 13.7de 13.71de 13.76d 13.76 T25 (0.5) 14.9a 14.92a 14.72a 14.936
Guar Gum T6 (0.1) 13.11kl 13.12ki 13.13jkl 13.14jkl 13.14jkl 13.14jkl 13.14jkl 13.14jkl 13.14jkl 13.14jkl 13.14jkl 13.14jkl 13.35gh 13.35gh 13.35gh 13.35gh 13.35gh 13.35gh 13.35gh 13.35gh 13.35gh 13.54f 13.74de 13.73de 13.73de 13.12ki 13.13jkl 13.15f 13.15jkl 13.15jkl 13.15jkl 13.15jkl 13.15jkl 13.51f 13.52f 13.52f 13.51f 13.52f 13.52f 13.52f 13.51f 13.52f 13.77d 13.77d 13.77d 13.77d 13.77d 13.77d 13.77 13.74jkl 13.14jkl 13.14jkl 13.14jkl 13.14jkl 13.14jkl 13.14jkl 13.34gh 13.38gh 13.38gh 13.38gh 13.38gh 13.77d 13.75d 13.57f 13.58f 13.58f 13.58f 13.58f 13.58f 13.58f 13.58f
T7 (0.2) 13.3ghi 13.32gh 13.33gh 13.35gh 13.35gh 13.35gh 13.35gh 13.35gh 13.35gh 13.35gh 13.35gh 13.35gh 13.52f 13.54f 13.51f 13.52f 13.54f 13.74d 13.71de 13.73d 13.74d 14.98gh 13.15gh 13.51f 13.51f 13.52f 13.73d 13.77de 13.71de 13.73d 13.77d 13.71de 13.73d 13.77de 13.71de 13.73d 13.77de 13.71de 13.73d 13.77de 13.74gh 13.14gh 13.14gh 13.14gh 13.14gh 13.14gh 13.14gh 13.14gh 13.14gh 13.14gh 13.34gh 13.38gh 13.38gh 13.34gh 13.34gh 13.34gh 13.34gh 13.34gh 13.34gh 13.36gh 13.35dh 13.77de 13.74de 13.73d 13.77d 13.77d 13.74de 13.73d 13.77d 13.74de 13.73d 13.77d 13.74de 13.73d 13.73d 13.77d 13.74de 13.73d 13.73d 13.77d 13.74de 13.73d 13.73d 13.75dh 13.12gh 13.12gh 13.12gh 13.15gh 13.15gh 13.58dh 13.35dh 13.35dh 13.35dh 13.35dh 13.35dh 13.35dh 13.35dh 13.58dh 13.58
T8 (0.3) 13.5f 13.51 f 13.52f 13.54f 179 (0.4) 13.7de 13.71de 13.73d 13.74 T10 (0.5) 14.9.a 14.92a 14.95a 14.98 Gelatin T11 (0.1) 13.1kl 13.12ki 13.13jkl 13.15 T12 (0.2) 13.3ghi 13.32gh 13.33gh 13.35 T14 (0.4) 13.7de 13.71de 13.73d 13.77 T15 (0.5) 14.9a 14.92a 14.92a 14.92a 14.96 Cornstarch T16 (0.1) 13.1kl 13.14jkl 13.14jkl 13.16 T17 (0.2) 13.3ghi 13.34gh 13.34gh 13.38gh 13.38gh 13.36 T18 (0.3) 13.5f 13.56f 13.52f 13.6e T19 (0.4) 13.7de 13.74de 13.73d 13.77 T20 (0.5) 14.9a 14.72ba 14.93a 14.96 Gelatin/ T21 (0.1) 13.12kl 13.12ki 13.15jkl 13.18 Corn starch T22 (0.2) 13.3ghi 13.32gh 13.36gh 13.35 T23 (0.3) 13.52f 13.51f 13.58f 13.58f 13.56f 124 (0.4) 13.7de 13.71de 13.76d 13.77 T23 (0.3) 13.52f 13.51f 13.58f 13.58f 13.56f 124 (0.4) 13.7de 13.71de 13.76d 13.77 T25 (0.5) 14.9a 14.92a 14.74a 14.96
T9 (0.4) 13.7de 13.71de 13.73d 13.74 T10 (0.5) 14.9.a 14.92a 14.95a 14.98 Gelatin T11 (0.1) 13.1kl 13.12ki 13.13jkl 13.15, T12 (0.2) 13.3ghi 13.32gh 13.33gh 13.35, T13 (0.3) 13.5f 13.51f 13.51f 13.52 T14 (0.4) 13.7de 13.71de 13.73d 13.77 T15 (0.5) 14.9a 14.92a 14.92a 14.92 Cornstarch T16 (0.1) 13.1kl 13.14jkl 13.14jkl 13.16jkl 13.16jk 13.98 T18 (0.3) 13.5f 13.56f 13.52f 13.6e T19 (0.4) 13.7de 13.74de 13.73d 13.77 T20 (0.5) 14.9a 14.72ba 14.93a 14.96 Gelatin/ T21 (0.1) 13.12kl 13.12ki 13.15jkl 13.18 Corn starch T22 (0.2) 13.3ghi 13.32gh 13.36gh 13.35 T23 (0.3) 13.52f 13.51f 13.58f 13.58f 13.56f T24 (0.4) 13.7de 13.71de 13.76d 13.76 T25 (0.5) 14.9a 14.92a 14.74a 14.96
Gelatin T10 (0.5) 14.9.a 14.92a 14.95a 14.98 T11 (0.1) 13.1kl 13.12ki 13.13jkl 13.15 T12 (0.2) 13.3ghi 13.32gh 13.33gh 13.35 T13 (0.3) 13.5f 13.51f 13.51f 13.52 T14 (0.4) 13.7de 13.71de 13.73d 13.77 T15 (0.5) 14.9a 14.92a 14.92a 14.92 Cornstarch T16 (0.1) 13.1kl 13.14jkl 13.14jkl 13.16 T17 (0.2) 13.3ghi 13.34gh 13.34gh 13.38 T18 (0.3) 13.5f 13.56f 13.52f 13.6e T19 (0.4) 13.7de 13.74de 13.73d 13.77 T20 (0.5) 14.9a 14.72ba 14.93a 14.96 Gelatin/ T21 (0.1) 13.12kl 13.12ki 13.15jkl 13.18 Corn starch T22 (0.2) 13.3ghi 13.32gh 13.36gh 13.35 T23 (0.3) 13.52f 13.51f 13.58f 13.56f T24 (0.4) 13.7de 13.71de 13.76d 13.76 T25 (0.5) 14.9a 14.92a 14.74a 14.96
Gelatin T11 (0.1) 13.1kl 13.12ki 13.13jkl 13.15jkl 13.15jkl 13.15jkl 13.15jkl 13.15jkl 13.15jkl 13.35jkl 13.35jkl 13.35jkl 13.35jkl 13.35jkl 13.35jkl 13.35jkl 13.35jkl 13.51f 13.52f 13.51f 13.52f 13.77d 13.77d 13.77d 13.77d 13.77d 13.14jkl 13.14jkl 13.14jkl 13.14jkl 13.14jkl 13.14jkl 13.14jkl 13.14jkl 13.14jkl 13.34gh 13.34gh 13.34gh 13.38gh 13.38gh 13.35gf 13.56f 13.56f 13.56f 13.74de 13.77d 13.77d 13.77d 13.77d 13.15jkl 13.15jkl 13.18kl 13.15jkl 13.18kl 13.18kl 13.14kl 13.74de 13.74de 13.77d 14.93a 14.93a 14.93a 14.93a 14.93a 14.93a 13.36gh 13.35gh 13.36gh 13.35gh 13.59kl 13.59kl 13.59kl 13.59kl 13.59kl 13.59kl 13.59kl 13.76d 13.77d 13.77de
T12 (0.2) 13.3ghi 13.32gh 13.33gh 13.35gh 13.35gh 13.35gh 13.35gh 13.51f 13.51f 13.51f 13.52f 13.51f 13.51f 13.52f 13.77d 13.77d 13.77d 13.77d 14.92a
T13 (0.3) 13.5f 13.51f 13.51f 13.52f 14 (0.4) 13.7de 13.71de 13.73d 13.77 15 (0.5) 14.9a 14.92a 14.92a 14.92a 14.92b 17.17 (0.2) 13.3ghi 13.34gh 13.34gh 13.34gh 13.34gh 13.34gh 13.36g 14.92b 17.18 (0.3) 13.5f 13.56f 13.52f 13.6e 17.19 (0.4) 13.7de 13.74de 13.73d 13.77 120 (0.5) 14.9a 14.72ba 14.93a 14.93b 14.92b 14.72ba 14.93a 14.92b 14.72ba 14.93a 14.92b 14.72ba 14.93a 14.92b 14.72ba 14.93a 14.92b 14.93b 13.35gh 13.36gh 13.35gh 13.36gh 13.35gh 13.36gh 13.35gh 13.36gh 13.56f 124 (0.4) 13.7de 13.71de 13.76d 13.76d 13.77b 125 (0.5) 14.9a 14.92a 14.74a 14.96b
T14 (0.4) 13.7de 13.71de 13.73d 13.77 T15 (0.5) 14.9a 14.92a 14.92a 14.96 Cornstarch T16 (0.1) 13.1kl 13.14jkl 13.14jkl 13.16 T17 (0.2) 13.3ghi 13.34gh 13.34gh 13.39 T18 (0.3) 13.5f 13.56f 13.52f 13.6e T 19 (0.4) 13.7de 13.74de 13.73d 13.77 T20 (0.5) 14.9a 14.72ba 14.93a 14.96 Gelatin/ T21 (0.1) 13.12kl 13.12ki 13.15jkl 13.18 Corn starch T22 (0.2) 13.3ghi 13.32gh 13.36gh 13.35 T23 (0.3) 13.52f 13.51f 13.58f 13.58f T24 (0.4) 13.7de 13.71de 13.76d 13.77 T25 (0.5) 14.9a 14.92a 14.74a 14.96
Cornstarch T15 (0.5) 14.9a 14.92a 14.92a 14.92 T16 (0.1) 13.1kl 13.14jkl 13.14jkl 13.16 T17 (0.2) 13.3ghi 13.34gh 13.34gh 13.38gh 13.38gh 13.36gh 13.52f 13.6e T18 (0.3) 13.5f 13.56f 13.52f 13.6e T 19 (0.4) 13.7de 13.74de 13.73d 13.77 T20 (0.5) 14.9a 14.72ba 14.93a 14.96 Gelatin/ T21 (0.1) 13.12kl 13.12ki 13.15jkl 13.18gh 13.36gh 13.35gh 13.36gh 13.35gh 13.36gh 13.35gh 13.36gh 13.56f 124 (0.4) 13.7de 13.71de 13.76d 13.77d 13.76d 13.77d 125 (0.5) 14.9a 14.92a 14.74a 14.96
Cornstarch T16 (0.1) 13.1kl 13.14jkl 13.14jkl 13.14jkl 13.16jkl 13.14jkl 13.14jkl 13.16jkl 13.16jkl 13.34gh 13.36g 13.56f 13.52f 13.77d 13.77d 13.77d 13.77d 13.77d 13.77d 13.15jkl 13.15jkl 13.15jkl 13.35gh 13.36gh 13.35gh 13.58f 13.58f 13.58f 13.58f 13.56f 13.77d
T17 (0.2) 13.3ghi 13.34gh 13.34gh 13.38gh 13.38gh 13.38gh 13.36gh 13.52f 13.6egh 13.52f 13.6egh 13.52f 13.6egh 13.52f 13.6egh 13.74de 13.73d 13.77d 13.74de 13.73d 13.77d 14.96gh 14.72ba 14.93a 14.96gh 14.72ba 14.93a 14.96gh 13.12ki 13.12ki 13.15jki 13.18gh 13.35gh 13.32gh 13.32gh 13.36gh 13.35gh 13.52f 13.51f 13.58f 13.58f 13.56f 124 (0.4) 13.7de 13.71de 13.76d 13.77d 125 (0.5) 14.9a 14.92a 14.74a 14.96gh 13.76d 14.96gh 13.76d 13.77d 14.96gh 13.76d 14.96gh 13.96gh 13
T18 (0.3) 13.5f 13.56f 13.52f 13.6e T 19 (0.4) 13.7de 13.74de 13.73d 13.77 T20 (0.5) 14.9a 14.72ba 14.93a 14.96 Gelatin/ T21 (0.1) 13.12kl 13.12ki 13.15jkl 13.18 Corn starch T22 (0.2) 13.3ghi 13.32gh 13.36gh 13.35 T23 (0.3) 13.52f 13.51f 13.58f 13.56f T24 (0.4) 13.7de 13.71de 13.76d 13.77 T25 (0.5) 14.9a 14.92a 14.74a 14.96
T 19 (0.4) 13.7de 13.74de 13.73d 13.77d 14.96 Gelatin/ T20 (0.5) 14.9a 14.72ba 14.93a 14.96 Gern starch T22 (0.2) 13.3ghi 13.32gh 13.36gh 13.35gh 13.58f 13.58f 13.58f 124 (0.4) 13.7de 13.71de 13.76d 13.77d 14.96
Gelatin/ T20 (0.5) 14.9a 14.72ba 14.93a 14.96 Gelatin/ T21 (0.1) 13.12kl 13.12ki 13.15jkl 13.18 Corn starch T22 (0.2) 13.3ghi 13.32gh 13.36gh 13.56f T23 (0.3) 13.52f 13.51f 13.58f 13.56f T24 (0.4) 13.7de 13.71de 13.76d 13.77 T25 (0.5) 14.9a 14.92a 14.74a 14.96
Gelatin/ T21 (0.1) 13.12kl 13.12ki 13.15jkl 13.18 Corn starch T22 (0.2) 13.3ghi 13.32gh 13.36gh 13.35gh T23 (0.3) 13.52f 13.51f 13.58f 13.58f T24 (0.4) 13.7de 13.71de 13.76d 13.77 T25 (0.5) 14.9a 14.92a 14.74a 14.96
Corn starch T22 (0.2) 13.3ghi 13.32gh 13.36gh 13.35gh T23 (0.3) 13.52f 13.51f 13.58f 13.58f T24 (0.4) 13.7de 13.71de 13.76d 13.77d T25 (0.5) 14.9a 14.92a 14.74a 14.96
T23 (0.3) 13.52f 13.51f 13.58f 13.58f 13.57d 13.71de 13.76d 13.77d 14.96 14.74a 14.96
T24 (0.4) 13.7de 13.71de 13.76d 13.77 T25 (0.5) 14.9a 14.92a 14.74a 14.96
T25 (0.5) 14.9a 14.92a 14.74a 14.96
Gelatin/CMC T27 (0.1) 13.11kl 13.12ki 13.15jkl 13.25
T28 (0.2) 13.3ghi 13.32gh 13.36gh 13.36
T29 (0.3) 13.5f 13.51f 13.58f 13.56
T30 (0.4) 13.7de 13.71de 13.76d 13.76
T31 (0.5) 14.9.a 14.92a 14.74a 14.95
CMC/ T31 (0.1) 13.1kl 13.12ki 13.13jkl 13.16
Corn starch T32 (0.2) 13.3ghi 13.32gh 13.33gh 13.38gh
T33 (0.3) 13.5f 13.51f 13.51f 13.6e
T34 (0.4) 13.7de 13.71de 13.73d 13.77
T35 (0.5) 14.9a 14.92a 14.94a 14.96
Control T36 12.9m 13.05l 13.1kl 13.35

*All values are results of three replication. *Mean sharing the same letter do not differ significantly. *LSD at 0.05 Alpha for treatment, interval and interaction is 0.05082, 0.0.1694 and 0.1016, respectively.

period. The reason for decrease in the pH was increase in acidity during storage. The results obtained are similar to the findings of Radke and Sandine (1986); Moon *et al.* (1993) who reported decrease in the pH valve of the yoghurt during storage.

Total solid: The data regarding the total solid of all treatments during storage are shown in the Table 3 . The results showed that total solids increased throughout the storage interval. The maximum total solids were found with T10 followed by T35 and T5. The lowest value for acidity was found with T23. The total solid at 0 day interval was the highest in all treatment and it gradually decreased throughout the storage interval. The statistical analysis showed that effect of different amount of food additives and effect of storage period was highly significantly differ for total solid of yoghurt while interaction is non significant. The average increase in the total solids was lower in the case of control. The initial means values for total solid in case of CMC treated samples ranged from 13.12 to 14.90%. These

Table 4: Effect of different additives during storage periods (6°C) on Free Fatty acid of vogburt

Stabilizers	e Fatty acid of Treatments	0 days	7 days	14 days	21 days
CMC	T1 (0.1)	0.98q	0.72[1.1z	1.4y
	T2 (0.2)	1.1z	1.13z	1.2z	1.5wxy
	T3 (0.3)	1.15z	1.19z	1.22Z	1.6zw
	T4 (0.4)	1.45xv	2imn	2.15ijk	2.25hi
	T5 (0.5)	1.55vwx	1.6vw	1.8q-u	2.24defg
Guar Gum	T6 (0.1)	0.99q	1.85opq	1.25z	1.4y
	T7 (0.2)	1.19z	1.2z	1.59vwx	1.6vw
	T8 (0.3)	1.55vwx	1.6vw	1.89m-q	2.24hi
	T9 (0.4)	1.6vw	1.86nopq	2mnl	2.5bcde
	T10 (0.5)	1.68tuv	1.9m-q	2.1jkl	2.58bc
Gelatin	T11 (0.1)	1.14z	2.4efg	2.48bcde	2.52bcde
	T12 (0.2)	1.16z	2.45cdef	2.5bcde	2.56bcd
	T13 (0.3)	1.17z	2.32fgh	2.41 efg	2.59bc
	T14 (0.4)	1.12z	1.98l-p	2.2hij	2.45cdef
	T15 (0.5)	1.98lmnop	2.02klm	2.49bcde	2.62b
Cornstarch	T16 (0.1)	1.61vw	1.68tuv	1.7r-v	2.45cdef
	T17 (0.2)	1.63vw	1.69stuv	1.84prq	2.6bc
	T18 (0.3)	1.7r-v	2.25hi	2.57bcd	2.78a
	T 19 (0.4)	1.81 qrst	2.31fgh	2.57bcd	2.8a
	T20 (0.5)	1.84pqr	2.32fgh	2.59bc	2.82a
Gelatin/	T21 (0.1)	1.58vwx	1.65vw	1.99lmno	2.3gh
Corn starch	T22 (0.2)	1.62vw	1.68tuv	2.07fg	2.41 efg
	T23 (0.3)	1.66uv	1.83qrs	2.26c	2.5bc
	T24 (0.4)	1.71m	1.99hi	2.45a	2.68a
	T25 (0.5)	1.821	2.11ef	2.59a	2.68/a
Gelatin/CMC	T27 (0.1)	1.01q	1.56n	1.99hi	2.2d
	T28 (0.2)	1.45n	1.58n	2.07fg	2.36ab
	T29 (0.3)	1.781	1.87jkl	2.26c	2.58a
	T30 (0.4)	1.91jik	1.99hi	2.45a	2.68a
	T31 (0.5)	1.99hi	1.86jkl	2.59a	2.76a
CMC/	T31 (0.1)	1.03q	1.23q	1.67m	1.99hi
Corn starch	T32 (0.2)	1.56n	1.64m	1.99hi	2.1de
	T33 (0.3)	1.6m	1.89jkl	2.15de	2.46a
	T34 (0.4)	1.62vw	1.9ijk	2.2d	2.54a
	T35 (0.5)	1.67m	1.99hi	2.4a	2.72a
Control	T36	0.99q	1.32fgh	1.56bcd	1.67zw

*All values are results of three replication. *Mean sharing the same letter do not differ significantly. *LSD at 0.05 Alpha for treatment, interval and interaction is 0.06224, 0.02075 and 0.1245, respectively.

values increased from 13.30 to 14.95% in the final observation. In the guar gum the initial mean values were ranged from 13.11 to 14.90%, while the final observation indicated an increase in total solid from 13.14 to 14.98%. In the case of combination treatment of gelatin and corn starch, the initial mean value ranged between 13.12 to 14.71 where as the final values ranged between 13.18 to 14.78%.

The comparison of four stabilizers and their combination shows that final total solid of yoghurt manufactured with guar gum T10 was high than the other, which was related to better quality. The results re in agreement with the finding of Salji *et al.*(1985) who reported a gradual increase in the total solids o the yoghurt during storage.

Free fatty acid: The effect of different stabilizers and their combination at storage intervals on the free fatty acids of the yoghurt is presented in Table 4. The results showed that free fatty acid increased throughout the storage interval. The maximum free fatty acid was found with T20 followed by T19 and T18. The lowest value for acidity

Mehmood et al.: Effect of Different Additives from Local Source on the Quality of Yoghurt

Table 5: Effect of different additives during storage periods (6°C) on Acetaldehyde of yoghurt

Stabilizers	Treatments	0 days	7 days	14 days	21 days
CMC	T1 (0.1)	10.25r	12.5edf	13d	12.07b
	T2 (0.2)	10.32q	12.36efgh	13d	12.28a
	T3 (0.3)	10.5q	10.9wxyz	11.5opqrs	11.60ef
	T4 (0.4)	10.25r	10.9wxyz	11.25q-u	11.10lmn
	T5 (0.5)	11 u-y	11.8mn	12.33hijk	12.13b
Guar Gum	T6 (0.1)	10.5q	11u-y	11.25q-u	11.19kl
	T7 (0.2)	9.25s	10.2r	10.9wxyz	10.32r
	T8 (0.3)	10.s	10.48r	10.75yz	10.65q
	T9 (0.4)	10.25s	10.9wxyz	11.45opqr	11.04mno
	T10 (0.5)	10.5q	10.9wxyz	11.5opq	11.13lm
Gelatin	T11 (0.1)	10.2r	10.99u-y	11.58nop	11.10lmn
	T12 (0.2)	10r	10.5q	11.35prs1	10.81p
	T13 (0.3)	10.25r	10.85xyz	1.36o-s	10.97o
	T14 (0.4)	10.2q	10.8xyz	11.56o-s	11.09lmno
	T15 (0.5)	10.25q	11u-y	11.35pqrs	11.091mno
Cornstarch	T16 (0.1)	8.76t	9.2t	10.2r	9.74s
	T17 (0.2)	10.5q	1093 wxyz	11.56nop	11.32ij
	T18 (0.3)	10.76yz	11.04 t-x	11.87 im	11.51fgh
	T 19 (0.4)	10.76yz	11.35 pqrst	12.08 ijkl	11.67de
	T20 (0.5)	10.63q	12.04jklm	12.89d	12.34s
Gelatin/ Corn starch	T21 (0.1)	9.76s	10.68z	11.45opqr	10.99no
	T22 (0.2)	10.33r	10.06 t-x	11.79 mn	11.30jk
	T23 (0.3)	10.34r	11.13 s-w	11.8 mn	11.41hij
	T24 (0.4)	10.36r	11.2 r-v	11.99 klm	11.53fg
	T25 (0.5)	10.4r	11.01 t-y	11.78 mn	11.40hij
Gelatin/CMC	T27 (0.1)	10.01s	10.67 z	11.45 op qr	11.03mno
	T28 (0.2)	10.32r	10.87 wxyz	11.56 nop	11.19k
	T29 (0.3)	10.39r	11.u-y	11.78 mn	11.43ghi
	T30 (0.4)	10.41r	11.35 pqrs	12.24 hijk	11.75cdl
	T31 (0.5)	10.42r	11.37 opgrst	12.28 ghij	11.79c
CMC/ Corn starch	T31 (0.1)	10.33r	10.96 wxyz	11.39 o-s	11.171
	T32 (0.2)	10.34r	11.01 t-y	11.89 lm	11.42ghi
	T33 (0.3)	10.44r	11.21 r-v	12.35 efgh	11.82c
	T34 (0.4)	10.11s	10.77 yz	11.26 qust	10.98ij
	T35 (0.5)	10.45r	10.99 no	11.56 fg	11.34ij
Control	T36	8.22t	9.01t	9.45s	9.17t

^{*}All values are results of three replications. *Mean sharing the same letter do not differ significantly. *LSD at 0.05 alpha for treatment, interval and interaction is 0.1078, 0.3593 and 0.2156, respectively.

was found with T1. The free fatty acid 0 day interval was the highest in all treatment and it gradually decreased throughout the storage interval. The statistical analysis showed that effect of different amount of food additives and effect of storage period was highly significantly differ for total solid of yoghurt while interaction is non significant. Results shows that free fatty acid increased gradually in all treatments, results support he finding the Beshkova *et al.* (1988) who reported that free fatty acid contents depend on the fat level further more microbial activity play important roles. Georgala *et al.* (1995) found that the chemical composition of the milk and processing conditions.

Acetaldehyde contents: The effect of different stabilizers and their combination at storage intervals on the acetaldehyde contents of the yoghurt is presented in Table 5 The statistical analysis showed that effect of different amount of food additives and effect of storage period was highly significantly differ for total solid of

yoghurt while interaction is non significant. The results showed that total solids increased throughout the storage interval. The maximum acetaldehyde contents were found with T20 followed by T2 and T5. The lowest value for acidity was found with T36. The acetaldehyde contents at 0 day interval was the highest in all treatment and it gradually decreased throughout the storage interval. The results showed that acetaldehyde contents gradually increased in all treatments with the increased storage period. The results agree the finding of Wilkins et al. (1986) who reported that threonine is converted by the enzymes threonine aldolase to produced acetaldehyde contents. Results also support the finding the Veduamuthu (1991), who concluded that the optimum range for acetaldehyde contents in the yoghurt is 10-15 ppm.

References

AOAC, 1990. Official Methods of Analysis. Association of Analytical Chemists. 15th Edn. Virginia 2221, Arlington. USA.

- Athar, I.H., 1986. Preparation of cheese and yoghurt at household level. Pak. Agri. Council Islamabad, Pakistan, pp: 24-35.
- Awan, J.A., 1995. Chemicals additives as non preservatives. Elements Food Sci. Technol., pp: 190.
- Beskova, F., F. Simova, G. Frengova and Z. Simov, 1988. Production of Flavour compound by yogurt starter cultures. J. Microbiol. Biotecnol., 20: 180-184.
- Bodyfelt, F., W.J. Tobias and G.M. Trout, 1988. Sensory Evaluation of Dairy Products. Van Rostrand Reinhold. New York.
- Connolly, E.J., C.H. White, E.W. Custer and E.R. Vedamuthu, 1984. Cultures Dairy Food improvement manual. Cultured Dariy Product Ins., Washington. DC., pp: 40.
- Georgala, A.I.K., E. Taskalidin, I. Kandarakis and G. Kalantzopoulos, 1995. Flavour production in ewe,s milk yoghurt by single strains and combinations of S. thermophilus and L. bulgaricus isolated from traditional greek Yoghurt. J. Food Tech., 75: 271-279
- Hussan, F.A.M., A. Flemy and A.K. Enab, 1999. Utalization od some local polysaccaride in the manufacturing of yoghurt. Egyptian J. Dairy Sci., 27: 281-289.

- Moon, S., K.A.S. Eun and S. Hwa, 1993. Polysiochamical properties of commercial yoghurt in korea. J. Food Sci. Tech., 48: 89-92.
- Radkle Mitchell, HC. and W.E. Sandine, 1986. Influce of temperature on associative growth of S. *thermophilus* and L. *bulgaricus* J. Dairy Sci., 73: 894-899.
- Salji, J.P., A.K. Fawal S.R. Saadi, A.A. Ismail and A. Mashhadi, 1985. Effect of processing and compositional Parameters of quality of pain liquid yoghurt. Milchwissenchaft, 40: 734-736. 254.
- Steel, R.G.C. and J.M. Torrie, 1980. Principles and procedures of Statistics. McGraw Hill Book Co., Inc. New York, USA., pp: 107-109.
- Soomro, A.H., A.A. Rain and M. Kashkeli, 2003. Industrial yogurt and indigenous dahi. Online J. Boil. Sci., 3: 86-90.
- Veduamuthu, E.R., 1991. The yoghurt story-past, present and future. Dariy Food and Environ. Sanitation, 11: 202-203.
- Wilkins, D.W., R.H. Schmidt, R.B. Shireman, K.I. Smith and J.J. Jezeski, 1986. Evaluating acetaldehyde synthesis from threonnine by *S. thermophillus* and *Lb. bulgaricus*. J. Dairy Sci., 69: 1219-1224.
- Zahoor, T., M. Rafique, N., Huma and B.E. Bajawa, 2002. Stability and acceptability studies on the banana fruit set yoghurt. Pak. J. Food Sci., 12: 41-45.